



x4

MIXED UNDER 8 INTRODUCTORY

GROUND SIZE
80m x 60m



ZONES

9-A-SIDE

SCORING

No scores, ladders or finals

RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Tackling
- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball
- » Deliberate out of bounds
- » Deliberately rushed behind

BOUNCING THE BALL

Not permitted

KICKING OFF GROUND

Not permitted unless accidental

OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

MARKING

Any distance, reasonable attempt

PENALTIES

No distance penalty applies. Players can be ordered off at the umpire's discretion.

FIELD UMPIRES
Club/Coach (1)

BOUNDARY UMPIRES

GOAL UMPIRES
Club (2)

COACHES
On field



x4

GIRLS UNDER 9 DEVELOPMENT

GROUND SIZE
80m x 60m



ZONES

9-A-SIDE

SCORING

No scores, ladders or finals

RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball
- » Deliberate out of bounds
- » Deliberately rushed behind

MODIFIED TACKLING

BOUNCING THE BALL

1 max

KICKING OFF GROUND

Not permitted unless accidental

OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

MARKING

Any distance, shows control

PENALTIES

10m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion.

FIELD UMPIRES
Club (1)

BOUNDARY UMPIRES

GOAL UMPIRES
Club (2)

COACHES
On field



x4

MIXED UNDER 9 & 10 DEVELOPMENT

GROUND SIZE
100m x 80m



ZONES

Under 9

Under 10*

*starting positions only; reset to starting zone after score

12-A-SIDE

SCORING

No scores, ladders or finals

RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball
- » Deliberate out of bounds
- » Deliberately rushed behind

MODIFIED TACKLING

BOUNCING THE BALL

1 max

KICKING OFF GROUND

Not permitted unless accidental

OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

MARKING

Any distance, shows control

PENALTIES

10m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion.

FIELD UMPIRES
Club (1)

BOUNDARY UMPIRES

GOAL UMPIRES
Club (2)

COACHES
On field



x4

GIRLS UNDER 11 DEVELOPMENT

GROUND SIZE
100m x 80m



ZONES

12-A-SIDE

SCORING

Scoring permitted. No ladders or finals permitted.

RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Tackling
- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball

NO DELIBERATE OUT OF BOUNDS

NO DELIBERATE RUSHED BEHINDS

BOUNCING THE BALL

1 max

KICKING OFF GROUND

Not permitted unless accidental

OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

MARKING

10m, direct catch

PENALTIES

10m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion.

FIELD UMPIRES
Club (1)

BOUNDARY UMPIRES

GOAL UMPIRES
Club (2)

COACHES
Sideline



x4

MIXED UNDER 11 COMPETITION

GROUND SIZE
130m x 90m



ZONES

15-A-SIDE

SCORING

Scoring permitted. No ladders or finals permitted.

RESULTS

No recording of best players or goal kickers. No individual player awards.



- » Tackling
- » Bumping
- » Barging
- » Smothering
- » Fending off
- » Shepherding
- » Stealing the ball

NO DELIBERATE OUT OF BOUNDS

NO DELIBERATE RUSHED BEHINDS

BOUNCING THE BALL

2 max

KICKING OFF GROUND

Not permitted unless accidental

OUT OF BOUNDS

If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

MARKING

10m, direct catch

PENALTIES

25m penalty applied at the umpires discretion. Players can be ordered off at umpires discretion.

FIELD UMPIRES
Association (1)

BOUNDARY UMPIRES

GOAL UMPIRES
Club (2)

COACHES
Sideline