

MIXED

# UNDER 8

INTRODUCTORY



X4

**GROUND SIZE**  
80m x 60m



SIZE 1  
SYNTHETIC

**ZONES**

9-A-SIDE

**SCORING**

No scores, ladders or finals

**RESULTS**

No recording of best players or goal kickers. No individual player awards.



- » Tackling
- » Stealing the ball
- » Bumping
- » Deliberate out of bounds
- » Barging
- » Smothering
- » Smothering
- » Fending off
- » Fending off
- » Shepherding
- » Deliberately rushed behind

**BOUNCING THE BALL**

1 max

**KICKING OFF GROUND**

Not permitted unless accidental

**OUT OF BOUNDS**

From a kick, a free is awarded against the player who last kicked the ball. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

**MARKING**

Any distance, reasonable attempt

**PENALTIES**

No distance penalty applies. Players can be ordered off at the umpire's discretion

**FIELD UMPIRES**  
Club/Coach (1)



BOUNDARY UMPIRES

COACHES

On field

**GOAL UMPIRES**

Club (2)

GIRLS

# UNDER 9

DEVELOPMENT



X4

**GROUND SIZE**  
80m x 60m



SIZE 1  
SYNTHETIC

**ZONES**

9-A-SIDE

**SCORING**

No scores, ladders or finals

**RESULTS**

No recording of best players or goal kickers. No individual player awards.



- » Bumping
- » Stealing the ball
- » Barging
- » Deliberate out of bounds
- » Smothering
- » Smothering
- » Fending off
- » Fending off
- » Shepherding
- » Deliberately rushed behind

**MODIFIED TACKLING**

**BOUNCING THE BALL**

1 max

**KICKING OFF GROUND**

Not permitted unless accidental

**OUT OF BOUNDS**

From a kick, a free is awarded against the player who last kicked the ball. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

**MARKING**

Any distance, shows control

**PENALTIES**

10m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion

**FIELD UMPIRES**  
Club (1)



BOUNDARY UMPIRES

COACHES

On field

**GOAL UMPIRES**

Club (2)

MIXED

# UNDER 9 & 10

DEVELOPMENT



X4

**GROUND SIZE**  
100m x 80m



SIZE 2  
SYNTHETIC

**ZONES**

Under 9

**ZONES**

Under 10\*  
\*starting positions only, reset to starting zone after score

**12-A-SIDE**

**SCORING**

No scores, ladders or finals

**RESULTS**

No recording of best players or goal kickers. No individual player awards.



- » Bumping
- » Stealing the ball
- » Barging
- » Deliberate out of bounds
- » Smothering
- » Smothering
- » Fending off
- » Fending off
- » Shepherding
- » Deliberately rushed behind

**MODIFIED TACKLING**

**BOUNCING THE BALL**

1 max

**KICKING OFF GROUND**

Not permitted unless accidental

**OUT OF BOUNDS**

From a kick, a free is awarded against the player who last kicked the ball. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.

**MARKING**

Any distance, shows control

**PENALTIES**

10m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion

**FIELD UMPIRES**  
Club (1)



BOUNDARY UMPIRES

COACHES

On field

**GOAL UMPIRES**

Club (2)

GIRLS

# UNDER 11

DEVELOPMENT



X4

**GROUND SIZE**  
100m x 80m



SIZE 2  
SYNTHETIC

**ZONES**

12-A-SIDE

**SCORING**

Scoring permitted  
No ladders or finals permitted

**RESULTS**

No recording of best players or goal kickers. No individual player awards.



- » Tackling
- » Fending off
- » Bumping
- » Shepherding
- » Barging
- » Barging
- » Stealing the ball
- » Smothering

**NO DELIBERATE OUT OF BOUNDS**

**NO DELIBERATE RUSHED BEHINDS**

**BOUNCING THE BALL**

1 max

**KICKING OFF GROUND**

Not permitted unless accidental

**OUT OF BOUNDS**

When a ball goes out of bounds, the field umpire shall ball up 10 metres in from the boundary line to restart play

**MARKING**

10m, direct catch

**PENALTIES**

10m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion

**FIELD UMPIRES**  
Club (1)



BOUNDARY UMPIRES

COACHES

Sideline

**GOAL UMPIRES**

Club (2)

MIXED

# UNDER 11

COMPETITION



X4

**GROUND SIZE**  
130m x 90m



SIZE 3  
LEATHER

**ZONES**

15-A-SIDE

**SCORING**

Scoring permitted  
No ladders or finals permitted

**RESULTS**

No recording of best players or goal kickers. No individual player awards.



- » Tackling
- » Fending off
- » Bumping
- » Shepherding
- » Barging
- » Barging
- » Stealing the ball
- » Smothering

**NO DELIBERATE OUT OF BOUNDS**

**NO DELIBERATE RUSHED BEHINDS**

**BOUNCING THE BALL**

2 max

**KICKING OFF GROUND**

Not permitted unless accidental

**OUT OF BOUNDS**

When a ball goes out of bounds, the field umpire shall ball up 10 metres in from the boundary line to restart play

**MARKING**

10m, direct catch

**PENALTIES**

25m penalty applied at the umpires discretion. Players can be ordered off at umpires discretion

**FIELD UMPIRES**  
Association (1)



BOUNDARY UMPIRES

COACHES

Sideline

**GOAL UMPIRES**

Club (2)