

YOUTH RULES MATRIX

	Mixed		Boys	Girls	
	Under 12	Under 14	Under 16	Under 13	Under 15 & 17
PHASE	Competition	Competition	Competition	Competition	Competition
REGULATIONS					
Ground size	135m - 185m x 110m - 155m	135m - 185m x 110m - 155m	135m - 185m x 110m - 155m	130m x 90m	135m - 185m x 110m - 155m
Zones	x	x	x	x	x
No. of players on ground	18	18	18	12	16
Ball type	Leather	Leather	Leather	Leather	Leather
Ball size	3	4	5	3	4
Match Length	4 x 15 min	4 x 15 min	4 x 20 min	4 x 15 min	4 x 15 min
Scoring	✓	✓	✓	✓	✓
Results	✓	✓	✓	✓	✓
LAWS					
Tackling	✓	✓	✓	✓	✓
Bumping	✓	✓	✓	✓	✓
Stealing the ball	✓	✓	✓	✓	✓
Barging	✓	✓	✓	✓	✓
Smothering	✓	✓	✓	✓	✓
Fending off	✓	✓	✓	✓	✓
Shepherding	✓	✓	✓	✓	✓
Bouncing the ball	Unlimited	Unlimited	Unlimited	2 max	Unlimited
Kicking off the ground	✓	✓	✓	✓	✓
Out of bounds	Boundary throw in	Boundary throw in	Boundary throw in	Boundary throw in	Boundary throw in
Marking	15m, direct catch	15m, direct catch	15m, direct catch	10m, direct catch	15m, direct catch
Penalties	50m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion	50m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion	50m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion	15m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion	25m penalty can be applied at umpires discretion. Players can be ordered off at umpires discretion
Deliberate out of bounds	✓	✓	✓	✓	✓
Deliberately rushed behind	✓	✓	✓	✓	✓
UMPIRES AND COACHES					
No. of field umpires	1	2	2	1	1
Goal Umpires	Club (2)	Club (2)	Club (2)	Club (2)	Club (2)
Boundary umpires	Club (2)	Club (2)	Club (2)	Club (2)	Club (2)
Coaches	Sideline	Sideline	Sideline	Sideline	Sideline